



CORPORATE BREAKFAST



PACKAGES all breakfast packages are served with orange juice and freshly brewed fair trade coffee and disposables. Please allow a minimum of 48 hours' notice.

CONTINENTAL BREAKFAST

Fresh fruit and berry platter a mixture of melons, grapes, berries and citrus
Assorted baked goods including selection of scones, muffins, croissants, cinnamon rolls, coffee cakes served with butter

HEALTHY START BREAKFAST

Fresh fruit kebabs with cantaloupe, honeydew, pineapple and strawberries
Assorted low fat yogurt or Greek vanilla yogurt
Fresh assorted bagels served with cream cheese and fruit preserves

EXECUTIVE BREAKFAST

NY strip steak topped with poached egg and chipotle sauce
Roasted potatoes with caramelized onions
Garden mixed greens with a marinated vegetable medley, citrus vinaigrette
Assorted baked goods scones, muffins, croissants, coffee cake
Vanilla yogurt with berries and granola with fresh fruit and berry platter

WAFFLE or FRENCH TOAST (2 Waffles / French toast per person)

Belgian style waffles OR French toast made with fresh challah or brioche, served with maple syrup, powdered sugar, butter and sliced strawberries
Thick cut smoked bacon
Roasted breakfast potatoes in fresh herbs, butter
Assorted yogurts

HEARTY ENGLISH BREAKFAST

Scrambled eggs with chives and green onion
Assorted baked goods scones, muffins, croissants, coffee cake
Pork sausage or smoked thick cut bacon or sliced Canadian bacon
Roasted breakfast potatoes in fresh herbs, butter
Toast with butter, fruit preserves
Fresh fruit and berry platter

A LA CARTE BREAKFAST OPTIONS

Breakfast quesadillas

Warm triangles of whole grain flatbread

Egg, mushrooms, feta and spinach

Egg, smoked salmon, cream, chives

Egg, ham, Swiss

(Make it egg white only + \$1.00)

Breakfast wraps and sandwiches

Sausage, egg, white cheddar

Egg, peppers, onions, mozzarella

Ham, egg and Swiss cheese

Canadian bacon, egg, cheddar

Smoked thick cut bacon

Turkey bacon

Breakfast sausage

Canadian bacon

Hardboiled egg

Scrambled eggs, chives and green onion

French toast with berries and icing sugar

Roasted potatoes or roasted breakfast potatoes in fresh herbs, butter

Organic cold cereals with milk, soy, or almond blend

Bowl of mixed berries, granola, and vanilla yogurt

Hot cereal selections

Sweet quinoa - banana puree, walnuts, pumpkin seeds, dried cranberries, cinnamon maple syrup, almond milk

Steel cut oats - cane sugar, cinnamon, mixed berries, walnuts, and chia and flax seeds

Atlantic smoked salmon platter accompanied by red onions, cucumber and tomato slices, capers. Served with small bagels and dill cream cheese

Fresh bagels, sides of cream cheese, fruit preserves, butter, mayonnaise, white cheddar, cucumber and tomato slice

Assorted baked goods including chef's selection of scones, muffins, croissants, cinnamon rolls, coffee cake served with butter

Pancakes, ricotta served with syrup and butter

French toast with berries and icing sugar

Artisanal cheese board served with fresh baguette and crackers

Peanut butter and banana sandwiches

Toast with butter, jam (whole wheat, rye) (Available: gluten free or spelt)

Fresh fruit and berry platter

Whole fruit

Please inquire about our brunch menus and customized breakfast packages.